



# MARTINS CREEK PUBLIC SCHOOL

*Respect, Personal Best & Resilience.*

☎ 4938 5239

10 Cook Street, Martins Creek NSW 2420 | [martinscrk-p.school@det.nsw.edu.au](mailto:martinscrk-p.school@det.nsw.edu.au)

Term 1 - Week 3

Thursday 15th February 2024

Week 3 is just about over already! The children have been working hard in the classroom and have settled into new routines well.

More Martins Creek PS staff.  
I missed adding Mrs Rains and Mr Alley to the staff list last newsletter as I didn't have their photo to add.

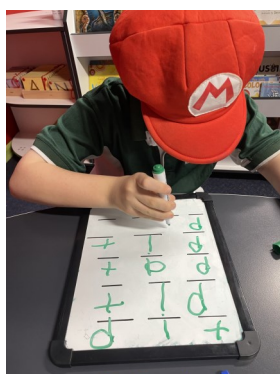


Mrs Rains  
(APC&I)



Mr Alley  
(Casual Teacher)

Collaborative writing in the classroom.



## LUNCH ORDER DAY WEDNESDAY OF EACH WEEK!

Lunch order day is continuing on Wednesday of each week, starting Term 1, Week 2. Below is a copy of the lunch order form. We will send forms home weekly for your child. Please return the lunch order form and money each Tuesday or Wednesday.



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Lunch Order Date: Wednesday \_\_\_\_\_

Name: \_\_\_\_\_

Lunch Pack \$5

<input type="checkbox"/> Chicken Burger Drink Snack	<input type="checkbox"/> Sausage roll Drink Snack	<input type="checkbox"/> Chicken Tenders Drink Snack	<input type="checkbox"/> Chicken Nuggets Drink Snack	<input type="checkbox"/> Mini Pizza Drink Snack
<input type="checkbox"/> Strawberry Milk <input type="checkbox"/> Chocolate Milk <input type="checkbox"/> Juice Popper	<input type="checkbox"/> Strawberry Milk <input type="checkbox"/> Chocolate Milk <input type="checkbox"/> Juice Popper	<input type="checkbox"/> Strawberry Milk <input type="checkbox"/> Chocolate Milk <input type="checkbox"/> Juice Popper	<input type="checkbox"/> Strawberry Milk <input type="checkbox"/> Chocolate Milk <input type="checkbox"/> Juice Popper	<input type="checkbox"/> Strawberry Milk <input type="checkbox"/> Chocolate Milk <input type="checkbox"/> Juice Popper
<input type="checkbox"/> Tomato Sauce <input type="checkbox"/> BBQ Sauce <input type="checkbox"/> Mayo	<input type="checkbox"/> Tomato Sauce <input type="checkbox"/> BBQ Sauce	<input type="checkbox"/> Tomato Sauce <input type="checkbox"/> BBQ Sauce	<input type="checkbox"/> Tomato Sauce <input type="checkbox"/> BBQ Sauce	

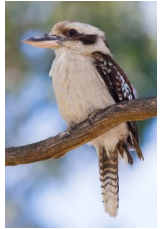
Please return order and money on the Tuesday before. Thank you.

Every second Friday Mr Alley will join us for Wellbeing Friday. This will be a day where the class will participate in music lessons, cooking, drama and sport. Last week during cooking the children made fruit skewers. We are thankful to be apart of the Oz Harvest Feast program and thank them for their support in supplying utensils and foods for the program.



## Martins Creek Public School

is an AMAZING school!



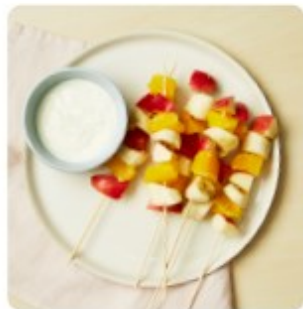
We have been educating the children of Martins Creek and surrounds for over 125 years.

We welcome all children and cater to the needs of each individual student; supporting, encouraging and tailoring our educational approach to help them learn to their best capacity. Our dedicated staff are constantly looking for ways to best meet the needs of our entire school community.

New enrolments are always welcomed, and we eagerly anticipate continued growth of our student population. If you or someone you know would like to find out more about our wonderful school, please contact the office on (02) 4938 5239 or email to [martinscrk-p.school@det.nsw.edu.au](mailto:martinscrk-p.school@det.nsw.edu.au)

### FRUIT SKEWERS WITH NATURAL YOGHURT

**5** Serves  
**\$0.85** Cost per serve  
**10 MIN** Total prep & cooking time



**WHY WE LOVE THIS RECIPE**  
You don't need to use sweetened yoghurt, the fruit makes it sweet!

**FOOD WASTE TIP**  
Select ripe seasonal fruits to make a delicious and healthy dish.

#### INGREDIENTS

You can use any fruit you like and which is in season, such as:

- 1 apple
- 2 medium bananas
- 1 orange
- ½ cup low-fat Greek yoghurt (to serve)
- 10 small wooden skewers

#### EQUIPMENT

- Large bowls
- Chopping boards
- Knives
- Measuring cups

#### SKILLS

- Dicing
- Slicing

#### STEPS



Wash the fruit.



Slice fruit into thick slices.



If using an orange, make sure you peel off the skin before cutting into pieces.



If using an apple cut into quarters and remove the core.



Push fruit pieces onto skewers.



Serve with yoghurt and enjoy.



### Daily Fitness activities

