

# MARTINS CREEK PUBLIC SCHOOL

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Website: <http://www.martinscrk-p.schools.nsw.edu.au>

and you can find us on Facebook



Term 3 - Week 6

Wednesday 26th August 2020

Here we are, half way through Term 3. The days are warming up, although the mornings are still very cool. Please make sure that all clothing, particularly jumpers are labelled, as they are often left in the classroom or the playground and it's much easier to return them if they are labelled.

Restrictions on school activities continue to change regularly in response to the progression of the current health crisis. The NSW Department of Education continues to monitor, advise and update advice and restrictions to NSW schools.

Please remember:

- If your child is unwell, even with the mildest symptoms, please *do not* send them to school;
- Students are not to share food or drinks;
- Students are required to bring a water bottle to school, as they are not permitted to use the bubblers (please check that your child/children have a water bottle **every day**)



Football (soccer) coaching sessions have begun, under the Sporting Schools program. Our coach Jess is full of enthusiasm and is encouraging the children to improve existing skills and learn new ones. We look forward to continuing these sessions for the remainder of the term.



Wednesday 2nd September, 9.30—11am  
Open Morning for prospective  
**2021** students



Whilst we were unable to have external coaching during Term 2, we received some Sporting Schools funding which contributed to the purchase of a monkey-bar attachment on our school equipment, replacing the removed flying-fox.



The Lioness Club of Dungog has been reaching out to local public schools to encourage recognition of "Wattle Day", which falls on Tuesday 1st September, 2020 (next Tuesday). The wattle is the national floral emblem of Australia, appears on our Coat of Arms and is a symbol of unity and resilience.



Wattle blossoms remind us that Spring is on its way. Consider celebrating Wattle Day next week!

# Martins Creek Public School

is an **AMAZING** school!

**We have been educating the children of Martins Creek and surrounds for over 125 years.**

**Welcoming both local children and those from out of area, we cater to the needs of each individual student; supporting, encouraging and tailoring our educational approach to help them learn to their best capacity.**

**Our dedicated staff are constantly looking for ways to best meet the needs of our entire school community.**

**New enrolments are always welcomed, and we eagerly anticipate continued growth of our student population.**

**If you or someone you know would like to find out more about our wonderful school, please contact the office on (02) 4938 5239 or**

**email [martinscrk-p.school@det.nsw.edu.au](mailto:martinscrk-p.school@det.nsw.edu.au)**



## Good for Kids good for life

### KEEPING ACTIVE IN WINTER

It can be tempting to let kids spend more time on screens during the winter months, with cooler temperatures and less daylight hours. But keeping active for **at least one hour each day** is still important, and also helps to keep warm!

Try some these activities that can also be done indoors:

- Make up a dance
- Hula hooping or skipping
- Pretend to move like different animals - scuttle side-to-side like a crab or hop like a kangaroo
- Start a family fitness challenge – who can do the most push-ups, squats, sit ups
- Use a pair of socks or balloon to play indoor volley ball, tennis, soccer or football



Over the next few weeks, we will be updating our school website.

Public School websites are a great resource containing details about the individual school as well as news, photos and information from the NSW Department of Education. There are lots of resources and external links for students and parents.

The school newsletter, which is produced each fortnight, is uploaded to the website and we will be adding more information, news and photos in the coming weeks.

Keep an eye on:

<https://martinscrk-p.schools.nsw.gov.au/>

