MARTINS CREEK PUBLIC SCHOOL

10 Cook Street Martins Creek NSW 2420

Phone: 02 4938 5239

E-mail: martinscrk-p.school@det.nsw.edu.au

Website: http://www.martinscrk-p.schools.nsw.edu.au

and you can find us on Facebook

Term 4 - Week 4



2020 has been a strange year for us all. For many of us our freedom has contracted, so at Martins Creek we have been very grateful for our outdoor spaces which allow

our students the opportunity and room to move.



Last week we had a make-up lesson for Soccer.
This was an excellent

opportunity for

the students to remember and refresh the skills they had developed during Term 3.



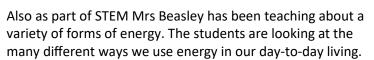
On Mondays we cycle, and we are rapidly seeing an improvement in the students' skills and confidence as



they manoeuvre their bicycles through the routes that the teacher Scott has set out for them.



Our classroom also frequently goes outside. Combining STEM and art the students decorated egg cartons, then working with Spheros they converted them into mobile machines which they raced around a course. Spheros are robot balls the students operate with their iPads.





Martins Creek Public School

is an AMAZING school!

We have been educating the children of Martins Creek and surrounds for over 125 years.

We welcome all children and cater to the needs of each individual student; supporting, encouraging and tailoring our educational approach to help them learn to their best capacity. Our dedicated staff are constantly looking for ways to best meet the needs of our entire school community.

New enrolments are always welcomed, and we eagerly anticipate continued growth of our student population. If you or someone you know would like to find out more about our wonderful school, please contact the office on (02) 4938 5239 or email to martinscrk-p.school@det.nsw.edu.au

Good for Kids good for life

MOVE AND PLAY EVERY DAY



For their best health, kids aged 5-13 years should aim for:



At least 60 minutes of physical activity each day – the more you huff and puff the better!



Non-educational screen-based activities limited to less than 2 hours each day. In your spare time, move more and sit less.



9-11 hours of uninterrupted sleep each night.

Source: Australian Movement Guidelines; www.health.gov.au



HNELHD-GoodForKids@health.nsw.gov.au http://www.goodforkids.nsw.gov.au/ Food and Drink Hygiene

- Students are <u>not to share</u> food or drinks;
- Students must bring a water bottle to school, as they are not permitted to use the bubblers (please check that your child has a water bottle every day)



If your child is unwell, even with the mildest symptoms, please do not send them to school. Please contact the school office on 0249385239 or email to martinscrk—p.school@det.nsw.edu.au to advise of the absence, and we will provide learning materials for your child while they are away from school.

If we haven't heard by 9.30am we will contact a parent or carer to confirm the absence and be sure the child is safe.